WISCONSIN ATHLETIC TRAINERS' ASSOCIATION

2023 ANNUAL BUSINESS MEETING AND SYMPOSIUM

AT-A GLANCE SCHEDULE OF EVENTS

2023 Annual Meeting Objectives

1. Recognize the benefits and risks of prolotherapy and PRP treatments for musculoskeletal pain
2. Implement nutritional planning in post-concussion care
3. Perform evidence-based shoulder evaluation and rehabilitation protocol
4. Identify best practices in the management of patients with joint dislocations, ACL injury, and signs of neural tension, diabetes, and dermatological conditions.
5. Discuss the importance of self-worth and professional advocacy

Sunday April 23rd **Workshops – designed for hands-on learning and active participation** Workshops limited to certified members first; see online registration for selection	
1:00 – 3:00pm **2 CEUs**	Neurodynamics in Injury Assessment and Rehabilitation Kurrel Fabian, DAT, LAT, CSCS
3:30 – 5:30pm **2 CEUs**	Pitching Mechanics: Early Predictors to Injury and Navigating the Rehabilitation Process Will George, MS, LAT
6:00pm	**WATA Hall of Fame and Awards Reception**

Monday April 24th General Sessions are open to all certified and student members CEUs available: 7.5		
	GENERAL SESSIONS	
8:30 – 9:30am	The Importance of Nutrition in Post-Concussion Recovery Jamie Krzykowski, PhD, LAT, CISSN, TNC	
9:30 – 10:30am	Evaluation of the Shoulder: Learning from the Pros Will George, MS, LAT	
10:30 – 11:00am	The Effect of Youth Football on Future Injury and Perceived Success Adam Pfaller, MD	WATA Free Communication Session: 10:30: Using Music to Modify Step-Rate & Running Biomechanics Erin Lally, MS, ATC 11:00: Joining Forces: Effective Collaboration a between ROTC and AT Program Hayley Ericksen, PhD, ATC 11:30: Inter-Limb Asymmetry in Lower Body Strength Among Firefighters Joel Luedke, MS, ATC, CSCS
11:00am – 12:00pm	Just Scratching the Surface: Common Athletic Skin Concerns Ryan Berns, MD, MPH	
12:00 – 1:00pm	**Exhibitor Break and Lunch Break** See Registration Materials for lunch locations near the Convention Center	
1:00 – 2:00pm	Diabetes in Sports: How the AT Can Help with Management Lee Hykras, RD, CDCES, NASM-CPT and Roland Schmidt, LAT	Psyche of the Modern Athlete: Where ATs Play a Role and Techniques to Employ Aaron Bestul, MS, LAT, CSS, FMS
2:00 – 3:00pm	Use of Biologics and Proinflammatory Agents in Sports Medicine Mark Niedfeldt, MD	
3:00 – 3:30pm	**Exhibitor Break**	

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3:30 – 4:30pm	**Professional Development Series:** Keeping up with the Changes: Updates in Reimbursement and Practice Act Presented by members of OrthoVise, Reimbursement Committee & Affiliated Credentialing Board
4:30 – 5:30pm	Be Your Best: Cultivating Self-Advocacy and Professional Presence Lyna Matesi, PhD – a change leader, facilitator and educator to help maximize success
5:30pm	**Jeff Oliphant Memorial Research Reception** Poster Presentations – over 35 poster presentations from MS-AT Graduate Students
8:00pm	**PAC Fundraiser (additional registration and PAC donation required)**

Tuesday April 25th General Sessions are open to all certified and student members CEUs available: 4		
8:00 – 9:00am	Dislocations and Reductions: Evidence-Based Practice Jim DeWeerd, MD; Holly Schmies, PhD, LAT	
9:00 – 10:30am	**WATA Business Meeting -** Breakfast Buffet provided for registered attendees	
10:45 – 11:45am	The Dark Side of ACL Reconstruction James Prosser, DO	**WATA Career Fair** (10:45am – 12:45pm) Bring your resume, talk to potential employers, gain experience in professional networking
11:45 – 12:45pm	Considerations for Incorporating Wearable Technology in Athletic Training Kyle Ebersole, PhD, LAT	
12:45 – 1:45pm	Starting and Running Your Own Cash Based Practice Trevor Folker, MS, LAT	**WATA Student Quiz Bowl** Presented by the Young Professionals Committee